



## Explorer Duke of Edinburgh's Award Expedition Section

Dear Parents/ Carers,

Please find enclosed/ attached a Participation Form for the Expedition section of the D of E Award. If your son/ daughter can take part in this please fill in and sign the attached form. There is a Participation fee of £15 for Bronze; £20 for Silver; £30 for Gold. This is to cover Supervisor and Assessor expenses. The Explorers will need to pay for other items as they occur such as food, camp fees, etc and part of the work is to Budget for this. Here is some useful background information about the expedition which your son/ daughter may be undertaking for the Duke of Edinburgh's Award. For **Bronze** they will camp for 1 night. For **Silver** they will camp for 2 nights. For **Gold** they will camp for 3 nights. So, with a practice they will be camping twice. The route will be planned by them and checked by the Supervisor and Assessor. They need to camp without Leaders although in certain situations the Supervisor may make other arrangements. What they need to do is:

### What to do in five simple steps

1. Preparation – You need to research what you want to do, who you're going to do it with and how you're going to travel and what you're going to study or achieve on route, then agree it with your Leader. At each level the environment you visit gets tougher and there are few other conditions your journey should match.
2. Training – You need to make sure you're trained in your mode of travel and have completed the Expedition Training Framework.
3. Practice Expedition – You must do enough practice to ensure you can travel safely and complete your qualifying expedition. Silver and Gold practice expeditions must include at least 2 consecutive nights away.
4. Qualifying expedition, debrief and presentation – the best bit – actually doing it! You must go on your journey, observed by an accredited DofE Assessor. Your Assessor will debrief the team and you will need to prepare and give a presentation on your aims and experiences.
5. Assessment – To complete your DofE programme you must meet your Assessor to talk about what you've done and make sure they sign it off.

For **Bronze** they need to be walking for at least 3 hours during the day with up to another 3 hours spent on project work. (a total maximum of 6 hours) The journey should take 2 days and 1 night.

For **Silver** they need to be walking for at least 3.5 hours during the day with up to another 3.5 hours spent on project work. (a total maximum of 7 hours) The journey should take 3 days and 2 nights.

For **Gold** they need to be walking for at least 4 hours during the day with up to another 4 hours spent on project work. (a total maximum of 8 hours) The journey should take 4 days and 3 nights.

We are running a series of training meetings. There is more information at [www.dofe.org](http://www.dofe.org)

If you have any other queries please contact your Explorer Scout Leader.

Thanks

Chris.

Chris Coats  
 District Explorer Scout Commissioner.  
 SW Notts District.

DESC: Chris Coats. 11, Manthorpe Crescent,  
 Nottingham, NG5 4EF.  
 Tel:0115 952 2849 Mob:0795 176 9631  
 E-mail: [coatscg@gmail.com](mailto:coatscg@gmail.com)



## Explorer Duke of Edinburgh's Award Expedition Section Participation Form

Explorer.....(Name) may take part in the Expedition Section of the Duke of Edinburgh's Award Scheme.

I understand that this involves regular training sessions, and at least 1 Practice expedition and a Qualifying expedition.

I enclose the Participation Fee of £.....  
 (Participation fee of £15 for Bronze; £20 for Silver; £30 for Gold.)  
 Please make cheques payable to SW Notts Explorer Scouts.

Parents Name..... Signed..... Date.....

Parents Contact number:

Parents Contact email:

Please return this form to your Explorer Scout Leader or to  
 Chris Coats  
 District Explorer Scout Commissioner.  
 11, Manthorpe Crescent,  
 Mapperley,  
 Nottingham,  
 NG5 4EF.  
 Tel:0115 952 2849  
 Mob:0795 176 9631  
 E-mail: [coatscg@gmail.com](mailto:coatscg@gmail.com)

SWNotts Explorers have received £.....

Cheque or Cash (delete as necessary)

From.....

For the Participation Fee for the DofE Expedition Section.

Date.....

Signed (ESL / Other)

.....

DESC: Chris Coats. 11, Manthorpe Crescent,  
 Nottingham, NG5 4EF.  
 Tel:0115 952 2849 Mob:0795 176 9631  
 E-mail: [coatscg@gmail.com](mailto:coatscg@gmail.com)